

For the attention of the Parish Councillors of **Brome and Oakley Parish Council**

Dear Parish Councillors,

I hope this message finds you well.

I am writing to update you on the work of **Citizens Advice Mid Suffolk** over the past year. We have continued to support residents of **Brome and Oakley** with a wide range of essential services, including help with debt, financial capability, energy, employment, housing, benefits, consumer rights, legal matters, family issues, health, and education. We have also coordinated the distribution of food parcels for those in crisis.

Considering the ongoing cost-of-living challenges, our services are more vital than ever. We remain committed to providing free, accessible advice through multiple channels, by telephone, email, and an increasing number of face-to-face appointments.

Over the past 12 months, **Citizens Advice Mid Suffolk** has supported **9** people in **Brome and Oakley**, addressing **103** issues in total. Many clients came to us with multiple, often complex problems, which we were able to help resolve with timely advice and practical support.

As a **locally funded charity**, we receive **no financial support from central government**. Our work is sustained entirely through local fundraising efforts and contributions from parish and community partners. Your support makes a real difference in helping us continue to assist those in need. We would be very grateful if you would consider a donation towards our running costs.

Here are a few comments from clients who have benefited from our service this year:

1. "Excellent service. I was treated with respect and kindness. I have nothing but praise for the Stowmarket CAB who helped me through my divorce, debt, bankruptcy and benefit claim."
2. "Supportive, knowledgeable, and put me completely at ease."
3. "Extremely helpful and dealt with our enquiry with empathy and understanding. The referral they made connected us with services we didn't know existed."
4. "I was made to feel comfortable and reassured that my problem would be resolved."

Your continued support is greatly appreciated. Please don't hesitate to contact us if you have any questions or would like to discuss how we can work together to help residents in your community.

Thank you for considering our request.

Simon Clifton, Chief Officer

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5 October 2026

Mrs S Foote
Clerk to Brome and Oakley
Parish Council
Little Park House
Church Hill
Hoxne
EYE
IP21 5AT

Dear Mrs Foote

I should like to take this opportunity to bring your Parish Council up to date on the work of SARS and, to this end, I am attaching a short newsletter detailing some top statistics from last year for the perusal of yourself and your Councillors. As this will illustrate, our charity continues to attend serious medical emergencies all around Suffolk and its boundaries.

We hope that your Parish Council can help support our life-saving service around Suffolk. If you have any specific questions about this appeal please get in touch via our head office on 01359 244186. You can also follow us on our facebook page, [facebook.com/sarshq](https://www.facebook.com/sarshq) or visit our website www.sars999.org.uk to gain a greater insight into Suffolk Accident Rescue Service and why we need your support.

Our annual report can be downloaded from the Charity Commission site via this link, <https://register-of-charities.charitycommission.gov.uk/charity-search/-/charity details/5076117>

Kind Regards.

Sue

Sue Groom
Volunteer Fundraising Administrator

From January to December 2025 our clinicians were mobilised to **603** patients, that's nearly **2 per day!**

Over **7,000** volunteers hours were given, and we covered over **100** different locations across Suffolk.



Due to generous donations last year we were able to purchase;

2 handheld ultrasound machines £4,500

6 training manikins for CPR community training
£2,700

Infant blood pressure cuffs £7.70 each

20 infant blood oxygen level sensors £576

Blue light installations for solo responders £9,000

Pre-hospital emergency medicine course £1,700

These items are to name but a few, and we couldn't have done any of it without your help so

Thank you